



Know the truth...with PREP

If a teen you know well is behaving differently—things like withdrawing from social activities, doing poorly in school, exhibiting signs of anxiety or depression – it’s easy to believe that it’s just average adolescent mood swings or hormonal imbalances. 99% of the time it is. But if these symptoms have been persisting for an extended period of time or increasing in severity, they may be among the first warning signs of early psychosis.

Diagnosed in the early stages, psychosis is a manageable and treatable illness - not something shameful or violent. In fact, people with severe mental illness are far more likely to be the victims of a violent crime than they are to commit one.¹ But the longer it goes untreated, the more severe it can become.

That’s why we need your help encouraging teens to seek help and find out the truth about their symptoms as early as possible.

¹ Source: www.essexatford.org

The PREP program is a community partnership between The University of California, The Family Services Agency of San Francisco, The Mental Health Association of San Francisco, Sojourner Truth Foster Family Service Agency, Larkin Street Youth Services, and Child Crisis Community Behavioral Health Services – Department of Public Health.

PREP is committed to transforming the treatment and perception of early psychosis by intervening early with evidence-based, culturally-competent assessment and diagnosis so that in 5 years most cases of psychosis are treated to remission. Our mission is to deliver comprehensive, conscientious and multi-faceted treatment grounded in wellness, recovery and resilience to people experiencing signs and symptoms of psychosis, as well as their families.

Encourage teens to take an assessment survey and get much more information at: www.prepwellness.org

Call us at 415-476-7278



Follow PREP SF on:

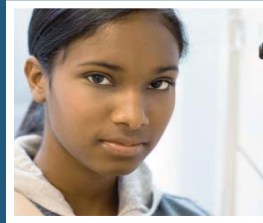


“Is this just a teenage phase...or could it be something more?”





The Road to Recovery begins with PREP



Prevention and Recovery in Early Psychosis – The PREP Program

PREP is a comprehensive, early-intervention treatment program for early psychosis which uses a strength-based roster of services to create a 2-year plan designed specifically to put families back on track.

Services include:

- Multi-Family Group Therapy
- Medication Management
- Cognitive Behavioral Therapy
- Educational & Vocational Support
- Substance Abuse Treatment

A PREP assessment will provide the answers



Please encourage teens experiencing these types of symptoms or their parents to call or email us to set up an assessment - they can even take a short survey

on our website (www.prepwellness.org) which will recommend whether they need an assessment. If so, the teen and their loved ones will speak with a clinician who will conduct a thorough diagnostic review of the symptoms he or she is experiencing. After that, they'll know the truth. And, should they require treatment, they'll already be in the right place!

PREP understands early psychosis and is here to support teens and their loved ones through the entire process. Help us get them the help they need.

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The earlier they know the truth, the better.

